Local Roots, Global Reach

ISLE OF WIGHT COUNTY, VIRGINIA

DEPARTMENT OF PARKS AND RECREATION

Parks & Recreation

FALL - WINTER 2026-27

PROGRAM GUIDE







PLAY, LEARN, HAVE FUN!

MESSAGE FROM THE DIRECTOR

Dear Isle of Wight County Community,

Wow, I thought last summer was hot. This one was a scorcher. Our team is glad we could offer you a place to cool off and relax. Our public beaches were a welcome respite as always and each of our parks provided shade with beautiful views. We hope you had a chance to enjoy some of them.

The Parks and Recreation Department would like to sincerely thank you for trusting your children with us during summer camp this year. It was a summer packed with crafts, field trips and new friendships. In addition, our goal was to deliver safe, quality care that created pleasant and lasting memories for the campers. We also understand how important summer camps are to working parents. Many of the campers return year after year until they age out. That shows how much you believe in our program and we appreciate that.

Now with summer coming to an end, it's time to think about after-school care and Fall sports. We have just what you're looking for. Registration is open for the Kangaroo Kidz, Youth Fall Soccer, Youth Basketball and Cheer as well as Adult Coed Softball. Our new Athletics Coordinator, Graham Wilson, is ready to help you with sports registration and answer any question you may have about the programs.

Back by popular demand are a couple of amazing fall events. Join us for a spooktacular good time at Halloween in the Park and celebrate the holiday season with the Holiday Cheer-A-Bration. Both promise to be festive family fun.

But I will never leave out our long-running and award-winning County Fair. It became a hallmark event that made its mark on the culture and history of Isle of Wight County many years ago. If you've never been, you must bring the whole family out and get the real country fair experience.
As always, don't miss a thing that we have to offer. Download this guide or follow us on social media to keep up with all the fun. We can't wait to see you this fall and winter!

Yours in Recreation,

Mike Frickanisce

Mike Frickanisce
Director of Parks and Recreation

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SENSORY TENT

"What is a sensory tent?" A sensory tent is a space to take a break from anything that may be overwhelming you. Inside the tent is a soft place to sit, fidget toys, and a friendly face.

Do you want to know if an event will be providing a sensory tent? Look for this icon next to the event throughout this book!

PARKS & RECREATION

13036 Nike Park Rd.
Carrollton, Va 23314
Phone: 757-357-2291
Fax: 757-365-0112

Mission Statement:

Your community partner in fun and wellness

Registration Information:

To see all the Parks and Recreation updates visit us at www.isleofwight.gov

Program Guide Disclaimer:

The Isle of Wight County brochure is produced twice yearly. Spring-Summer and Fall-Winter. The Isle of Wight County Department of Parks and Recreation takes extensive measures to ensure that the information presented is the most accurate and recent information available. We appreciate any feedback when an error is found and we apologize for any inconvenience. Please be sure to inquire about any specific program, activity changes or cancelations by contacting the main office for the most up-to-date information.

School Disclaimer:

The School Board of Isle of Wight County is not a sponsor or affiliate of this organization/business, and assumes no responsibility or liability for the quality of services or operational procedure utilized.

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Elly Condit Photography

Department of Parks and Recreation Refund Policy

A credit, not a refund, will be issued if there is a change of payment status or no services were rendered due to injury, illness or family emergency.

Follow Isle of Wight County Parks and Recreation on Facebook and Instagram

FACILITY LOCATIONS AND NUMBERS

Carrollton Nike Park & Mary Wells Senior Center
13036 Nike Park Rd., Carrollton, Va 23314
Phone: 757-357-2291

Fort Boykin Historic Park
7410 Fort Boykin Trl., Smithfield, Va 23430

Fort Huger Historic Park
15080 Talcott Ter., Smithfield, Va 23430

Henry H. Bradby Park
(UNDEVELOPED)
Tylers Beach Rd., Smithfield, Va 23430

Heritage Park & Joel C. Bradshaw Fairgrounds
21311 Courthouse Hwy., Windsor, Va 23487

Riverview Park
238 Washington St., Smithfield, Va 23430

Otelia J. Rainey Community Center/ Camptown Park
33457 Carver Rd., Franklin, Va 23851

Tylers Beach Boat Ramp
15074 Tylers Beach Rd., Smithfeld, Va 23430

Robinson Park
20 Duke St., Windsor, Va 23487

Jones Creek Boat Ramp
211084 Boundary Rd., Carrollton, Va 23314

Windsor Town Center
23361 Courthouse Hwy., Windsor, Va 23487
Phone: 757-242-8513

TOWN OF SMITHFIELD FACILITIES:

Clontz Park
220 North Church St., Smithfield, Va 23430

Smithfield Lake
4.5 acre lake off of Waterworks Road
A town permit is required to fish. Please contact the Treasurer's Office at 757-365-4200.

Windsor Castle Park
301 Jericho Rd., Smithfield, Va 23430
Phone: 757-365-9505
208-acre riverside park located in downtown Smithfield.

ISLE OF WIGHT COUNTY ATHLETIC ORGANIZATIONS AND CONTACTS

Youth Athletic Associations
The following organizations provide additional youth athletic opportunities. This list is provided as a courtesy to the residents of Isle of Wight County. These organizations are not affiliated with Isle of Wight County Department of Parks and Recreation nor are they endorsed by the Department.

Smithfield Recreation Association
leagues.bluesombrero.com/smithfieldrec

Windsor Athletic Association
leagues.bluesombrero.com/windsoraa

Smithfield Packers Youth Sports
https://tshq.bluesombrero.com/smithfieldpackers

Smithfield Wrestling
www.smithfieldyouthwrestling.com

Smithfield Soccer Club
www.smithfieldsoccerclub.org

FISHSWIMPLAY.COM
FIND WATER ACCESS SITES IN HAMPTON ROADS

FACILITIES AND PARK LOCATIONS



AMENITIES CHART

FACILITIES	Camptown Park & Otelia J. Rainey Community Center	Nike Park	Heritage Park & Joel C. Bradshaw Fairgrounds	Fort Huger Historic Park	Fort Boykin Historic Park	Tylers Beach Boat Ramp	Jones Creek Boat Ramp	Riverview Park	Robinson Park	Henry H. Bradby Park	Blackwater River Park
Under Development										●	●
Historic Self Guide Tour		●		●	●						
Public Beach					●	●					
Bike Trails		●									
Skate Park		●									
Tennis Courts	●	●						●			
Walking Trails		●		●							
Restrooms	●	●			●		●				
Marina						●					
Fishing		●					●				
Boat Ramps						●	●				
Grills	●	●			●						
Soccer Fields	●	●									
Basketball Courts	●	●									
Softball Field w/ Lights		●									
Baseball/Softball Fields		●						●			
Playgrounds	●	●						●	●		
Picnic Tables	●	●			●	●		●	●		
Picnic Shelters	●	●			●			●	●		
Kayak Launch		●									
Pavillions			●								
ATV Trail			●								

FACILITY RENTALS

Location	Resident	Non-Resident
Nike Park Recreation Hall (max 80)		
Civic Groups-Meetings (2 hours)	$20	$35
Additional Hours	$15	$15
Program/Banquet (3 hours)	$55	$90
Additional Hours	$20	$20
Tables and Chairs	$25	$25
Otelia J. Rainey Center (max 36)		
Civic Groups-Meetings (2 hours)	$20	$35
Additional Hours	$15	$15
Program/Banquet (3 hours)	$55	$85
Additional Hours	$20	$20
Softball Fields		
(Nike Park, Riverview Park and Camptown Park)		
Full Day	$55	$85
Half Day	$35	$55
Use of Lights (Nike Park Only)	$50	$50
Field Drag (no lines)	$20	$20
Field Drag (with lines)	$30	$30
Picnic Shelters		
Nike Park		
Shelter A (includes 6 tables under shelter, 8 surrounding tables, 2 charcoal grills, electricity available)		
50 people or less	$55	$55
51-200 people	$95	$95
Electricity	$20	$20
Shelter A + Picnic Area B (201-250 people)	$135	$135
Picnic Area B (includes 3 charcoal grills and 8 tables; no shelter or electricity available; in wooded area)	$30	$30
Camptown Park		
Max 100 people, electricity available	$55	$55
Electricity	$20	$20
Fort Boykin		
50 people or less	$55	$55

(Please call for tournament rates)

Please call 757-357-2291 for any other rentals to include soccer field usage, Heritage Park fairgrounds & pavilions, large groups, special events, and shelter rentals exceeding the stated numbers. Reservations must be made 7 days ahead of the event.

PROGRAMS AND CLASSES

DANCE FUSION

Dates & Times: Wednesdays (on-going), 6 p.m. - 7 p.m.
Location: Recreation Hall Aerobics Room, Nike Park - 13036 Nike Park Rd. Carrollton, Va 23314
Cost: $5 per class
Age of Participants: 12 and up
Registration Dates: Drop-in (on-going)
Drop-in until 15 minutes prior to the start of each class (if space is available)
Description: Come join the fun and get fit with music, movement, and a high energy instructor while making new friends! No pre-registration is required, drop-ins are always welcomed. Get ready to dance, sweat, and smile your way to fitness with ZUMBA at Nike Park! This exciting high-energy, dance workout is perfect for all fitness levels. No dance experience is needed, just bring your energy and willingness to have fun! Burn calories, boost your mood, and relieve stress in an upbeat atmosphere.
Contact: Janette Jeffrey at jjeffrey@isleofwightus.net or 757-356-0851.

YOGA AT NIKE PARK



Dates & Times: Tuesdays (on-going), 6 p.m. - 7 p.m.
Location: Mary W. Wells Senior Center B, Nike Park - 13036 Nike Park Rd. Carrollton, Va 23314
Cost: $15 per class
Age of Participants: 18 and up
Registration Dates: Drop-in (on-going)
Drop-in until 15 minutes prior to the start of each class (if space is available)
Description: Take time for yourself with a relaxing yoga session at the Mary Wells Senior Center at Nike Park. This calming class focuses on gentle stretching and strengthening to reduce stress and improve flexibility. Drop-ins are welcome—bring your yoga mat!
Contact: Janette Jeffrey at jjeffrey@isleofwightus.net or 757-356-0851.

TENNIS LESSONS

10 AND UNDER

Dates & Times: Tuesdays, September 8-October 27; 4:15 p.m. - 4:45 p.m.
Age of Participants: 10 and under
Cost: $35 per four-week session
Description: Introduce your child to tennis in a fun, supportive environment! This program helps young players develop hand-eye coordination, motor skills, and confidence through engaging, interactive activities. Smiles, success, and love for the game are the goals, and parents are encouraged to get involved.

BEGINNER YOUTH (11-17)

Dates & Times: Tuesdays, September 8 - October 27; 5 p.m. - 5:45 p.m.
Age of Participants: 11 - 17 years old
Cost: $45 per four-week session
Description: New to tennis or just thinking about picking up a racket for the first time in a while? This class is for you! This class will develop your skills, boost your confidence, and master the fundamentals, all while having fun and gaining a great understanding of the game.

BEGINNER/ADVANCED ADULTS (18 AND UP)

Dates & Times: Tuesdays, September 8-October 27; 6 p.m. - 7 p.m.
Age of Participants: 18 and up
Cost: $45 per four-week session
Description: This class is ideal for both beginners and those getting back in the game. Participants will learn how to keep the ball in play while improving court positioning, consistency, and overall confidence. Whether you're starting fresh or sharpening past skills, this program sets you up for tennis success!

Registration Dates: April 13 - until filled
Location: Nike Park Tennis Courts, Nike Park - 13036 Nike Park Rd., Carrollton, Va 23314
Contact: Janette Jeffrey at jjeffrey@isleofwightus.net or 757-356-0851.

KANGAROO KIDZ BEFORE AND AFTER SCHOOL PROGRAM



Dates & Times: September 8, 2026 - June 16, 2027
6:30 a.m. - start of school | end of school - 6 p.m.
Location: Carrsville Elementary School - 5355 Carrsville Hwy., Carrsville, Va 23315
Registration Dates: Begins at Open House on September 2 - until filled
Cost: $10 registration fee
$50 per week for Before & After School | $30 per week for Before School only | $30 per week for After School only
Age of Participants: Grades K-5
Description: Kangaroo Kidz Before and After School Program is offered to students at Carrsville Elementary School attending grades K-5. Our staff are ready to provide a fun, safe environment for your child's before and after school needs. Your child will partake in a variety of games, crafts, and activities. Registration will be held starting at Open House.
Contact: Janette Jeffrey at jjeffrey@isleofwightus.net or 757-356-0851.

PROGRAMS AND CLASSES

OPEN REC

Dates & Times: Monday-Friday (on-going); Times vary, check parks and recreation website or call ahead for specific times
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $1 for ages 17 and under, $2 for ages 18 and up, $1 for seniors ages 55 and up
Age of Participants: All ages (8 and under must be accompanied by an adult)
Description: Join us for Open Rec, your one-stop destination for fun and fitness at the Windsor Town Center! This program features a variety of activities, including open gym basketball, varied days of open gym pickleball, and an engaging game room with a pool table, foosball, ping pong table and mini basketball. Open Rec is available year-round, except during spring and summer camp programming, with times that vary—be sure to check the calendar for details. Whether you're looking to stay active or unwind with friends and family, Open Rec offers something for everyone!
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.

BEGINNER PICKLEBALL LESSONS



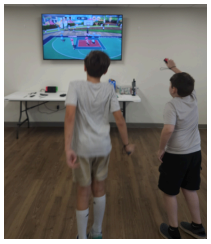
Dates & Times: Mondays; 6:15 p.m. - 7:15 p.m.
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $15 per class
Age of Participants: 14 and up
Registration Dates: On-going - until filled; On-site, Drop-In until 15 minutes prior to the start of each class (if space is available)
Description: Beginner Pickleball classes are a great and fun way for brand-new players to learn the sport. Players receive 45 minutes of instruction plus 15 minutes of playing time. Players will learn all the basics to play. We will cover equipment, unique lingo, scorekeeping, court position, and the fundamentals of serving, dinking, returning, and volleying.
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.

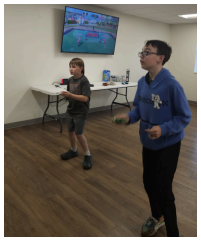
CREATE YOUR WAY FRIDAYS

Dates & Times: Fridays, October 16, November 20, December 11; 4:30 p.m. - 6 p.m.
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $1 per participant
Age of Participants: All ages (children under 12 must be accompanied by a parent/guardian)
Registration Dates: Drop-in program, no registration required
Description: Looking for a creative way to connect and have fun as a family? Join us at Windsor Town Center for our special Create Your Way Fridays! Each event features a unique seasonal, hands-on craft project designed for all ages and skill levels. Whether you're creating festive decorations, personalized home décor, or colorful works of art, there's something for everyone to enjoy. Kits are limited and available only on program days while supplies last.
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.



ESPORTS TOURNAMENT NIGHTS







Dates & Times: Fridays, October 23 & November 13; 5:30 p.m. - 8 p.m.
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $5 per session
Age of Participants: 10-17, 7-9 (with Parent/Guardian)
Registration Dates: October 1 - October 20 (October event) | October 20 - November 10 (November event)
Description: Put your skills to the test and claim ultimate bragging rights at our competitive eSports Tournament Nights! Participants will compete in bracket-style tournaments featuring popular Nintendo Switch games, including Super Smash Bros. Ultimate and Mario Kart 8 Deluxe. Whether you are battling opponents, racing for the fastest finish, or cheering from the sidelines, this is a high-energy night of gaming action you won't want to miss. Pre-registration is required, so secure your spot before registration closes!
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.

PROGRAMS AND CLASSES

EXPLORE OUTDOORS: SATURDAY HIKE SERIES

Dates & Times: Saturday, October 3; 9 a.m. - 4 p.m.
Location: Pickup: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Destination: First Landing State Park
Cost: $10
Age of Participants: Ages 10 and up (Participants under 18 must be accompanied by an adult)
Description: Join us for a guided, beginner-friendly day hike through the coastal trails of First Landing State Park in Virginia Beach. Registration covers staff-led trail navigation, round-trip transportation departing from Windsor Town Center, and a provided lunch from Panera Bread. Participants should dress for the weather and bring a water bottle.
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.

ESPORTS CLUB AT WINDSOR TOWN CENTER

Dates & Times: September 10, September 24, October 8, October 22, November 12, December 10; 5:30 p.m. - 7:30 p.m.
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $5 per session
Age of Participants: 10 - 17, 7- 9 (with Parent/Guardian)
Registration Dates: August 10 -until filled
Join Windsor Esports Club for a fun and welcoming gaming experience! Each session features organized Nintendo Switch tournaments, multiplayer challenges, and themed game nights designed to encourage teamwork, communication, and good sportsmanship. Whether you're an experienced player or trying a game for the first time, participants will enjoy friendly competition in a safe, supervised environment. All gaming equipment is provided.
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.

WINDSOR OPEN HOUSE: PARKS & RECREATION SHOWCASE

Dates & Times: Friday, January 8; 4:30 p.m. - 7:30 p.m.
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: Free
Age of Participants: All ages
Description: A community open house showcasing Parks & Recreation programs, services, and other outreach opportunities.
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.

THE DODGEBALL SHOWDOWN

Dates & Times: Friday, January 22; 4:30 p.m. - 7:30 p.m.
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $5
Age of Participants: 11-13, 14-17
Registration Dates: December 1 - January 15
Description: Gather your team and compete in The Dodgeball Showdown at Windsor Town Center! Teams will compete in a fast-paced, single-elimination dodgeball tournament in separate divisions. Players will enjoy friendly competition while building teamwork, sportsmanship, and staying active in a supervised recreation environment. Register before the deadline to secure your team's spot!
Contact: Mark Matthews at markm@isleofwightus.net or 757-242-8513.

HISTORIC WALKING TOURS

MORE TOURS

COLD WAR DEFENSE: CARROLLTON-NIKE PARK WALKING TOUR

Date & Time: Saturday, October 24; 2 p.m.
Location: Tour meets in the Nike Park Recreation Hall, Nike Park - 13036 Nike Park Rd., Carrollton, Va 23314
Description: Visit Nike-Ajax Missile Site N-75L, one of the Cold War's few surviving Army Air-Defense Posts. Local historian, Albert Burckard, along with former missile mechanic, Ira Abbot, host a short presentation and a walking tour of this site which contains the original barracks, mess hall, administration and recreation building, officer/non-commissioned officer family housing, fueling area and underground missile magazines. Tour begins in the Recreation Hall (former soldier barracks).
Cost: Free
Age of Participants: All ages
Contact: Jennifer England at jengland@smithfieldva.gov or 757-356-1223.

FORT HUGER WALKING TOURS

Date & Time: Saturday, September 12; 2 p.m.
Location: Tour meets at Fort Huger - 1508 Talcott Terr., Smithfield, Va 23430
Description: Visit the Civil War fort and learn the significance of this gateway to the Confederate capital.





CAMPS

TENNIS SPRING BREAK CLINIC

Dates & Times: Wednesday, March 31 - Friday, April 2; Beginners: 5 p.m. - 6 p.m., Advanced: 6:15 p.m. - 7:15 p.m.
Location: Riverview Park Tennis Courts - 238 Washington St. Smithfield, Va 23430
Cost: $65 per participant
Registration Dates: February 11 - until filled
Age of Participants: Beginners: 8-18 years old; Advanced: 13 and up
Description: Let's get ready to play tennis! It doesn't matter if you are a beginner, intermediate, or an advanced player. This clinic will help you improve your game and get more enjoyment from tennis. Our instructor will teach proper grips, footwork, and skills in a fun and energetic way. Just bring your energy, your smile, and your own tennis racket (we'll handle the rest)!
Contact: Janette Jeffrey at jjeffrey@isleofwightus.net or 757-356-0851.

SPRING BREAK CAMP

REGISTER ONLINE

Dates & Times: Monday - Friday, March 29 - April 2; 7 a.m. - 6 p.m.
Locations: Nike Park Recreation Hall, Nike Park - 13036 Nike Park Rd., Carrollton, Va 23314
Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $65 per child
Registration Dates: February 11 - until filled
Age of Participants: Grades K-6
Description: Come join us for a fun-filled Spring Break Camp. There will be crafts and games to play for all to enjoy. Parents will need to provide lunch, snacks, and drinks for their children. Although both camp sites are inclusive and open for all abilities to participate, the Therapeutic Recreation Specialist will be available at the Nike Park location to make parents/guardians of children with disabilities more comfortable about signing up for this opportunity. Register early, space is limited.
Contact: Janette Jeffrey at jjeffrey@isleofwightus.net or 757-356-0851.







SUMMER BLAST CAMP

REGISTER ONLINE

Dates & Times: Mondays - Fridays, June 28 - August 20; 7 a.m. - 6 p.m.
Locations: Carrollton Elementary School - 14440 New Towne Haven Ln., Carrollton, Va 23314
Windsor Town Center, 23361 Courthouse Hwy. Windsor, Va. 23487
Cost: $85 per child, per week | Early One-Time Registration: $10; Regular One-Time Registration $20
Early Registration Dates: May 7 - May 29 - until filled
Regular Registration Dates: June 1 - until filled
Age of Participants: Rising first graders - 12 years old (must have completed Kindergarten)
Description: Get ready for an unforgettable experience at Summer Blast Camp! Campers will enjoy a variety of fun filled activities, including crafts, games, field trips and more. At the time of registration, both the registration fee and the first week fee is required. Parents are asked to provide lunch, 2 snacks, and drinks for each camper. Don't wait - spots fill fast! Parents' meetings will be at Carrollton Elementary School at 6 p.m. on Wednesday, June 23rd and Windsor Town Center at 6 p.m. on Thursday, June 24th.
First week of registration is online only.
Contact: Janette Jeffrey at jjeffrey@isleofwightus.net or 757-356-0851.



ATHLETICS



YOUTH BASKETBALL (COED & GIRLS)

Dates & Times: November 16 - March 6 | Practices: 6 p.m. - 9 p.m. on weekdays | Games vary on Saturdays
Location: Practices: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487; local Isle of Wight County schools
Games: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487; local Isle of Wight County schools;
Surry County High School/Middle School
Cost: $75 per child, $71 for second child, $73 each additional child; additional $10 registration fee applies after beginning July 6
Early Registration Dates: September 1 - October 12
Regular Registration Dates: October 13-18
Age of Participants: 4 -15 (age cut-off is December 31); must show proof of age before being able to participate in this program.
Description: Player Assessments for draft purposes begin during the week of November 9-12 and are held during the week. Times for Player Assessments to be announced. Practices will start the week after teams are drafted and are held during the week. Games are held primarily on Saturdays. Parents' meeting will be November 5 at 6 p.m. in the Recreation Hall at Nike Park. Requesting coaches and teams is not permitted.
Contact: Graham Wilson at gwilson@isleofwightus.net or 757-365-6325.

YOUTH CHEERLEADING

Dates & Times: November 16 - March 6 | Practices: 6 p.m. - 9 p.m. on weekdays | Games vary on Saturdays
Location: Practices: Nike Park - 13036 Nike Park Rd., Carrollton, Va 23314
Games: Windsor Town Center, 23361 Courthouse Hwy., Windsor, Va 23487; local Isle of Wight County schools;
Surry County High School/Middle School
Cost: $38+ cost of uniform
Early Registration Dates: September 1 - October 12
Regular Registration Dates: October 13-18
Age of Participants: 6-14 (age cut-off is December 31); must show proof of age before being able to participate in this program.
Description: Practices begin November 16 and are held in the Nike Park Recreation Hall. Games are primarily on Saturdays. Parents' meeting will be October 29 at 6 p.m. in the Nike Park Recreation Hall.
Contact: Graham Wilson at gwilson@isleofwightus.net or 757-365-6325.

2026 YOUTH FALL SOCCER

Dates & Times: August 17 - November 1; Practices on 5-7:30 p.m. on weeknights, Game times vary on Saturdays
Location: Nike Park Soccer Fields “1”-“7” - 13036 Nike Park Rd., Carrollton, Va 23314
Cost: $75 per child, $71 for second child, $73 each additional child; additional $10 registration fee applies after beginning July 6
Early Registration Dates: June 1 - July 5
Regular Registration Dates: July 6-19
Age of Participants: 4 -15 (age cut-off is September 30); must show proof of age before being able to participate in this program.
Description: Player assessments for draft purposes begin during July 27 and are held during the week. Times for Player Assessments will be announced. Practices will start the week after teams are drafted and are held during the week. Games are on Saturdays starting in September. Parents' Meeting is July 23 at 6 p.m. in the Nike Park Recreation Hall. Requesting coaches and teams is not permitted.

Contact: Graham Wilson at gwilson@isleofwightus.net or 757-365-6325.

2027 YOUTH SPRING SOCCER

Dates & Times: March 15 - June 7; Practices on 5-7:30 p.m. on weeknights, Game times vary on Saturdays
Location: Nike Park Soccer Fields “1”-“7” - 13036 Nike Park Rd., Carrollton, Va 23314
Cost: $75 per child, $71 for second child, $73 each additional child; additional $10 registration fee applies beginning February 16
Early Registration Dates: January 5 - February 15
Regular Registration Dates: February 16-22
Age of Participants: 4 -15 (age cut-off is April 30); must show proof of age before being able to participate in this program.
Description: Player assessments for draft purposes begin Monday, March 15 and are held during the week. Times for Player Assessments will be announced. Practices will start the week after teams are drafted and are held during the week. Games are on Saturdays starting in April. Parents' Meeting is Thursday, March 4 at 6 p.m. in the Nike Park Recreation Hall. Requesting coaches and teams is not permitted.





ATHLETICS



2026 FALL ADULT CO-ED SOFTBALL

Dates & Times: Wednesdays starting August 26 - November 18; 6:30 p.m. - 9:30 p.m.
Location: Nike Park Softball Fields A and B - 13036 Nike Park Rd., Carrollton, Va 23314
Cost: $400 per team
Registration Dates: June 1 - August 5
Age of Participants: 18 and up
Description: The Manager Meeting for the Fall season will be held at Nike Park on Wednesday, August 5, at 6 p.m. Registration Fees and Captains' Forms should be turned in by the first game. Player forms and rosters are locked by Game 3.

2027 SPRING ADULT CO-ED SOFTBALL

Dates & Times: Wednesdays starting April 21 - June 9; 6:30 p.m. - 9:30 p.m.
Location: Nike Park Softball Fields A and B - 13036 Nike Park Rd., Carrollton, Va 23314
Cost: $400 per team
Registration Dates: February 2 - April 7
Age of Participants: 18 and up
Description: All money and captains' registration forms should be turned in by April 7. A managers meeting will be held on Wednesday, April 7 at 6 p.m. in the Recreation Hall at Nike Park. Player forms and rosters are locked on Game 3 of the regular season. All teams play in an end of year double-elimination tournament.

Contact: Graham Wilson at gwilson@isleofwightus.net or 757-365-6325.

VOLUNTEER YOUTH SPORTS COACHING

Description: Be a positive role model in the lives of youth by giving back through sports! Prospective head coaches and assistant coaches are required to pass mandatory background checks and drug screens. Must be 18 and up.

Spring Youth Soccer Coaches: March - June at Nike Park. Practices are during the week, games are on Saturdays.

Fall Youth Soccer Coaches: August - November at Nike Park. Practices are during the week, games are on Saturdays.

Youth Basketball Coaches: November - February at various locations. Practices are during the week,
games are primarily on Saturdays.

Youth Cheerleading Coaches: November - February at various locations. Practices are during the week,
games are primarily on Saturdays.

Contact: Graham Wilson at gwilson@isleofwightus.net or 757-365-6325.







REGISTER ONLINE

SENIOR PROGRAMS





SENIOR SERVICES OF SOUTHEASTERN VIRGINIA: SENIOR CENTERS

BETTER TOGETHER CAFÉ: MARY WELLS SENIOR CENTER AT NIKE PARK

Dates & Times: Mondays - Thursdays; 10 a.m. - 2 p.m.
Location: Mary W. Wells Senior Center A, Nike Park - 13036 Nike Park Rd., Carrollton, Va 23314
Age of Participants: 60 and up
Cost: Free; Meals by donation are appreciated
Description: Senior Services Wellness and Nutrition sites provide an atmosphere for socialization and opportunities to maintain health, independence and social activities. The center offers a variety of programs for seniors including games, classes, shopping, field trips, meals, and holiday celebrations among other special events and programs. Contact SSSEVA for participation eligibility and registration.
Contact: Sharon Williams at swilliams@ssseva.org or 757-356-5877.



SENIOR PROGRAMS



SENIOR ENHANCE FIT

Dates & Times: Mondays, Wednesdays & Fridays; 1 p.m. - 2 p.m.
Location: Nike Park Recreation Hall - 13036 Nike Park Rd., Carrollton, Va 23314
Registration Dates: Ongoing until filled
Cost: Free
Age of Participants: 55 and up
Description: Calling all seniors! Come out to Nike Park and join this healthy group. Senior Enhance Fit Class is a class for older adults and includes strength training, flexibility, balance and cardio. Space is limited!
Contact: Marisa Taylor at mtaylor@isleofwightus.net or 757-357-5951.

COMMISSION ON AGING BINGO AT THE FAIR

Date & Time: Friday, September 18; 10:30 a.m.-12 p.m., gates open at 10 a.m.
Location: Joel C. Bradshaw Fairgrounds - 21311 Courthouse Hwy. Windsor, Va 23487
Cost: $1 admission at the gate
Age of Participants: 55 and up
Description: Step right up and join the fun at the fair! Get ready for an exciting game of Bingo with thrilling prizes, a lively atmosphere and don't forget a chance to shout bingo! Mark your calendars for a memorable day at the fair. Gates open at 10 a.m. See you there!
Contact: Marisa Taylor at mtaylor@isleofwightus.net or 757-357-5951.



COMMISSION ON AGING HEALTH & EDUCATION FAIR

Date & Time: Thursday, October 1; 10 a.m.-1 p.m., doors open at 9 a.m.
Location: Smithfield Center - 220 North Church St., Smithfield, Va 23430
Cost: $8; Ticket sales begin September 1 and available at Nike Park, Ameri-Care Plus, Windsor Ace Hardware and Smithfield Visitor Center (exact change only).
Age of Participants: 55 and up
Description: Take charge of your health at our upcoming annual Health & Educational Fair! Join us for a day filled with valuable information. Flu shots, screenings, and door prizes will be available as well as continental breakfast and catered lunch. Mark your calendars and join us at the Health & Educational Fair for a healthier you!
Contact: IOWParks&Rec@isleofwightus.net or 757-357-2291.







DRUMHELLER'S APPLE & CHEESE TRIP

Date & Time: Monday, October 19; bus departs at 7:30 a.m., anticipated return is 8:30 p.m.
Location: Nike Park - 13036 Nike Park Rd., Carrollton, Va 23314
Registration Dates: Friday, September 4 - until filled
Cost: $45
Age of Participants: 55 and up
Description: Join us for a fun-filled day as we leave Nike Park at 7:30 a.m.! We'll start at a lovely orchard to hand-pick the juiciest apples, then indulge our appetites at the Wood Grill Buffet (just remember, lunch is on you!). Our last stop will be The Cheese Shop for some tasty treats before heading back to Nike Park.
Contact: IOWParks&Rec@isleofwightus.net or 757-357-2291..



SENIOR PROGRAMS



SENIOR HERITAGE AND HISTORY TOUR

Dates & Times: October 27-29; bus departs at 7:30 a.m., anticipated return is 5 p.m.
Location: Nike Park Recreation Hall - 13036 Nike Park Rd., Carrollton, Va 23314
Registration Dates: April 7 - until filled
Cost: Single Occupancy- $375 per person; Double Occupancy- $250 per person; 4 to a room- $235 per person
Age of Participants: 55 and up
Description: Join us for an unforgettable Senior Trip to Washington, D.C.! Enjoy a relaxing getaway that includes a 3-night hotel stay with complimentary continental breakfast each morning. Our trip features visits to two powerful and inspiring museums: the National Museum of African American History & Culture and the United States Holocaust Memorial Museum. During your free time, you may also take advantage of the hotel shuttle to Maryland Live! Casino for dining, entertainment, and fun. This trip blends history, culture, comfort, and leisure—perfect for seniors looking to explore, learn, and enjoy a memorable experience. Place your $50 deposit today to reserve your spot. Balance will be due September 7.
Contact: IOWParks&Rec@isleofwightus.net or 757-357-2291.

COMMISSION ON AGING HOLIDAY EXTRAVAGANZA

Date & Time: Thursday, December 17; 10 a.m.-1 p.m., doors open at 9 a.m.
Location: Smithfield Center - 220 North Church St., Smithfield, Va 23430
Cost: $8; Ticket sales begin November 17 and available at Nike Park, Ameri-Care Plus, Windsor Ace Hardware and Smithfield Visitor Center (exact change only).
Age of Participants: 55 and up
Description: Join us for a festive holiday celebration! Experience the magic of the season with lively music, a continental breakfast, catered lunch, door prizes and the jolly man himself, Santa Claus! Mark your calendars and spread the word!
Contact: IOWParks&Rec@isleofwightus.net or 757-357-2291.







COMMISSION ON AGING SWEETHEART BALL

Date & Time: Thursday, February 11; 10 a.m.-1 p.m., doors open at 9 a.m.
Location: Smithfield Center - 220 North Church St., Smithfield, Va 23430
Cost: $8; Ticket sales begin January 13 and available at Nike Park, Ameri-Care Plus, Windsor Ace Hardware and Smithfield Visitor Center (exact change only).
Age of Participants: 55 and up
Description: Love is in the air! Grab your dancing shoes, enjoy good food, door prizes, music, and an all-around good time. Celebration, love and sweethearts are the way to go this Valentines Day. Don't forget to dress to impress in your best red or pink and we will see you there!
Contact: IOWParks&Rec@isleofwightus.net or 757-357-2291.

COMMISSION ON AGING HEALTH EXPO AT WINDSOR

Date & Time: Friday, March 19; 10 a.m. - 1 p.m. (Doors open at 9 a.m.)
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: $8; ticket sales begin February 16 and are available at Nike Park, Windsor Town Center, AmeriCare Plus, Smithfield Visitor‘s Center (exact change only)
Age of Participants: 55 and up
Description: Experience the 3rd annual Health EXPO at Windsor! Join us for a day of inspiration, education, and empowerment featuring educational presenters, informative exhibitors and a chance to win one of many door prizes. Don't miss the opportunity to take your health to the next level at the upcoming Health EXPO.
Contact: IOWParks&Rec@isleofwightus.net or 757-357-2291.

Inclusion & Therapeutic Recreation Services

Isle of Wight County Parks and Recreation welcomes individuals of all abilities. We offer the opportunity to participate in every program and activity available. Isle of Wight County Parks and Recreation encourages participation by a diverse population, accommodates those with varying abilities, and supports various learning styles. We offer reasonable accommodations to enable an individual's successful participation in our programs and services. When participants require additional support, our Certified Therapeutic Recreation Specialist (CTRS) develops accommodation plans and provides assistance as needed.

A person will be accommodated only if a request is made by the individual or parent/guardian and they meet the essential eligibility requirements. Requirements include program capacity, fees, age and conduct for activity participation. Individuals requesting an accommodation are asked to submit their request a minimum of two weeks prior to the start of the program. Requests for accommodations, made verbally or in writing, are forwarded to the CTRS for review. The CTRS will assess and give recommendations for proper interventions and accommodations for a person with a disability in a non-therapeutic recreation program (e.g., sports, Kangaroo Kidz, camps). With or without accommodations, participants must comply with the behavior standards and expectations. Participation is encouraged and aided, but not forced.

CTRS and program staff do not provide one-on-one support for physical assistance such as activities of daily living (toileting, eating, administering medication, changing), transferring, and/or assistance with ambulation. Participants must be able to independently, or with minimal verbal cues (reminders) or assistance (help with zippers, buttons, and snaps), feed, bathe, toilet, and dress. If personal care is needed to support these needs, the participant may bring their own personal care attendant/aide to all programs and/or activities. The personal care attendant may not need to register or pay for a program where they are assisting the participant. This is on a per program or event basis. A parent/guardian may also provide the necessary care. It is the goal that participants in inclusive programs will be provided reasonable accommodations without interruption of other participants' experience in the program or altering program goals.

Does your participant show interest in the program activity or subject matter?

Does your participant's current leisure activities or goals prepare him/her for an inclusive experience?

Is inclusion the right choice for the participant?

Is your participant comfortable and able to function appropriately in various environments (e.g., parks, malls, restaurants)?

Is your participant able to maintain the ability to use a consistent form of communication to indicate basic needs and follow simple directions/instructions?

Is an accommodation required to participate in a program?

No, federal law prohibits us from demanding that you submit a request; however, it is important to realize that all participants (no matter what their abilities) are required to follow all program rules and expectations (check with the program's supervisor to see what these are). An accommodation assists staff in creating an environment where the participant can have a successful and enjoyable recreation experience.

If the participant needs a higher level of assistance, don't be discouraged! Isle of Wight County offers Therapeutic Recreation Programs. These are goal-based programs designed for people with disabilities to provide opportunities for recreation, improve functional abilities, offer socialization opportunities, and much more!

To view the full Resource Guide for people with disabilities and their caregivers in Isle of Wight County and surrounding areas, visit: isleofwight.gov/our_services/commission_on_adults_with_disabilities or scan the QR code!

Inclusion & Therapeutic Recreation Services

RISE PROGRAM

Dates & Times: Fridays, November 6 to October 29 (excluding spring break, summer camp and holidays); 10 a.m.-2 p.m.
Location: Mary W. Wells Senior Center A - 13036 Nike Park Rd., Carrollton, Va 23314
Cost: Registration required (program is free; additional cost for field trips)
Registration Dates: October 1- on-going until full (waitlist available)
Age of Participants: 18 and up with disabilities
Description: A Therapeutic Recreation day program for adults with disabilities ages 18 and up. The goal of the RISE Program (Resilient-Independent-Social-Empowerment) is to promote socialization, independent living skills, and provide opportunities for participating in recreation activities for adults with disabilities.
Contact: Jaimie Klak at jklak@isleofwightus.net or 757-365-1663.

ADAPTED PICKLEBALL

Dates & Times: Thursdays in October and November; 10 p.m. - 11 a.m.
Location: October 1, 8, 15, 22 - Nike Park Tennis Court- 13036 Nike Park Rd. Carrollton, VA 23314
October 29, November 5, 12, 19 - Windsor Town Center- 23361 Courthouse Hwy. Windsor, VA 23487
Cost: $50 per 4-week session
Registration Dates: August 17 - until filled (8 participants max)
Age of Participants: 18 and up with disabilities
Description: Adapted Pickleball offers individuals with disabilities the opportunity to learn and play pickleball in an inclusive, supportive setting. Instruction and gameplay are modified to meet participant needs while promoting fitness, athletic skills and coordination, social interaction, and fun.
Contact: Jaimie Klak at jklak@isleofwightus.net or 757-365-1663.

OUTDOOR ADVENTURE

Date & Time: Saturday, October 10; 10:30 a.m.-2 p.m.
Location: Lake Smith/Lake Lawson Natural Area - 5381 Shell Rd., Virginia Beach, Va 23455
Cost: $10
Registration Dates: August 17 until filled (15 participants max)
Age of Participants: 13 and up with disabilities
Description: Outdoor Adventure is a special event in collaboration with Virginia Beach, Chesapeake, Norfolk, Suffolk and James City County Therapeutic Recreation. Spend a morning exploring Lake Smith/Lake Lawson Natural Area with friends from local cities taking part in activities & demonstrations centered around nature-based activities! Activities will range from hiking, fishing demos, bird watching, & master gardening (horticulture) demos. Come dressed for adventure with comfortable attire and athletic shoes. Limited transportation is available. Participants need to bring a non-microwaveable lunch.
Contact: Jaimie Klak at jklak@isleofwightus.net or 757-365-1663.

TR BALL

Date & Time: Saturday, January 30; 5:30 p.m.-8 p.m.
Location: New Branch Farms - 14509 Lawnes Dr., Smithfield, Va 23430
Cost: $5 for residents
Registration Dates: December 1 - January 15
Age of Participants: 15 and up with disabilities
Description: Join us for our 4th annual Therapeutic Recreation Ball! Hosted by your surrounding Therapeutic Recreation departments of Isle of Wight County, Chesapeake, Norfolk, James City County, Suffolk, and Virginia Beach Parks and Recreation. Get ready to dance the night away with an amazing DJ, enjoy a served dinner, a Zen Den for those who need a moment away from the crowd and noise, a participant recognition ceremony, and a photo booth! This year's theme will be UNDER THE SEA! Come dressed in your best formal attire.
Contact: Jaimie Klak at jklak@isleofwightus.net or 757-365-1663.







THERAPEUTIC RECREATION

SPECIAL OLYPMICS - YOUNG ATHLETES

Dates & Times: Wednesdays April 7 - May 26; 5:30 p.m. - 6:30 p.m.
Location: Nike Park Recreation Hall (Outside) - 13036 Nike Park Rd., Carrollton, Va 23314
Cost: Registration required (program is free; additional cost for field trips)
Registration Dates: February 22 - April 2
Age of Participants: 2-7 years old with disabilities
Description: Young Athletes is a unique sport and play program for children aged 2 to 7 with and without disabilities. The focus is on fun activities that are important to mental and physical growth. Children enjoy games and activities that develop motor skills like balance, flexibility, strength and coordination. In fact, in a recent study, children with developmental delays who participated in a structured 8-week Young Athletes program showed significantly more motor development than those who did not. Not only that, but their teachers and parents also reported improved confidence, language skills and social skills. After participating, involved families shared that they played more together at home and in the community!

Contact: Jaimie Klak at jklak@isleofwightus.net or 757-365-1663.

Special Olympics Young Athletes

Schedule:
Week 1- Foundation Skills: 4/7 @ 5:30 – 6:30 p.m.
Week 2- Walking & Running: 4/14 @ 5:30 – 6:30 p.m.
Week 3- Balancing & Jumping: 4/21 @ 5:30 – 6:30 p.m.
Week 4- Trapping & Catching: 4/28 @ 5:30 – 6:30 p.m.
Week 5- Throwing: 5/5 @ 5:30 – 6:30 p.m.
Week 6- Striking: 5/12 @ 5:30 – 6:30 p.m.
Week 7- Kicking: 5/19 @ 5:30 – 6:30 p.m.
Week 8- Advanced Sports Skills: 5/26 @ 5:30 – 6:30 p.m.



SPECIAL EVENTS



HALLOWEEN IN THE PARK

vote for the movie you want to see!

Dates & Times: Saturday, October 17; 5 - 8 p.m.
Location: Nike Park - 13036 Nike Park Rd., Carrollton, Va 23314
Cost: Free and open to the public
Age of Participants: All Ages, Costume contest age categories: Ages 0-2; 3-5; 6-8; 9-11; 12-14; 15-17; 18+; groups/pairs (all ages)
Description: It's going to be a spooktacular good time at this year's Halloween in the Park! Bring the whole family out for an evening of festive fun including games, face painting, activities, and table-or-treating with local organizations and vendors from 5-7 p.m. Show off your best costume in our costume contest at 6 p.m., then stick around as the movie begins at 6:30 p.m.Help decide what we'll be watching! Cast your vote by scanning the QR code.
Contact: Jenilee Hallman at jhallman@isleofwightus.net or 757-357-5959.





HOLIDAY CHEER-A-BRATION

Dates & Times: Friday, December 18; 6 - 8 p.m.
Location: Windsor Town Center - 23361 Courthouse Hwy., Windsor, Va 23487
Cost: Free and open to the public
Age of Participants: All ages
Description: Get ready to celebrate the season at the Holiday Cheer-A-Bration! Join us for this free, family-friendly event. Enjoy an evening filled with holiday cheer, including visits with Santa and the Grinch, festive games, crafts, activities for all ages, and delicious eats from local food vendors.
Contact: Jenilee Hallman at jhallman@isleofwightus.net or 757-357-5959.



17TH ANNUAL SEAFOOD FEST

Date & Time: Saturday, September 12; 3 p.m. - 8 p.m.
Location: Joel C. Bradshaw Fairgrounds - 21311 Courthouse Hwy., Windsor, Va 23487
Cost: ages 13+: $40 advance, $45 at the gate
ages 6-12: $20 advance, $25 at the gate
*Advance ticket sales end Tuesday, September 8 at 5 p.m.
Description: Kick-off Fair Week with the 17th Annual Seafood Fest at the fairgrounds the Saturday before! Enjoy all you can eat fried fish, steamed shrimp, fried chicken, coleslaw, baked beans, and hushpuppies catered by Captain Harrell's Seafood. Listen to live music from Hickory Knoll while sipping on a refreshing iced tea or chilled adult beverage. *No takeout. There will be no other fair events taking place during the Seafood Fest.*
www.thefairiscoming.com/seafood-fest.

2026 ISLE OF WIGHT COUNTY FAIR

Dates & Times: Thursday - Sunday, September 17 - 20
Thursday, September 17; 5 p.m. - 10 p.m.
Friday, September 18; 10 a.m. - 10 p.m.
Saturday, September 19; 10 a.m. - 11 p.m.
Sunday, September 20; 11 a.m. - 6 p.m.
Food Vendors: $500-$825; applications due July 1
All Other Vendors: $50-$375; applications due August 14
Livestock: Entries due August 28. Contact Yvonne Munson at 757-329-3696.
Hay Bale Decorating: Entries due August 28. Contact Jenilee Hallman at jhallman@isleofwightus.net or 757-357-5959.
Description: The Isle of Wight County Fair returns to the Joel C. Bradshaw Fairgrounds!
For more information about the fair, vendor applications, all competitions, schedules, etc., please visit **www.thefairiscoming.com**.



Local Roots, Global Reach

ISLE OF WIGHT COUNTY, VIRGINIA

DEPARTMENT OF PARKS AND RECREATION

13036 Nike Park Rd., Carrollton, Va 23314

757-357-2291

iowparks&rec@isleofwightus.net

isleofwightus.net

Follow us on Facebook & Instagram: IOWParksandRec

Register online!

Visit our website!



Heritage Park, Windsor

PC: Scott Bachman, Dept. of Forestry

NRPA

Virginia Recreation & Park Society

www.VRPS.com